



STRONGER TOGETHER

AT THE ANDOVER/NORTH ANDOVER YMCA

WEDNESDAY SESSIONS:

1. APRIL 24TH- MAY 29TH
 2. JUNE 12TH- JULY 24TH (NO CLASS 7/3)
- AGES 16+ • 5-6 PM

MEMBERS \$75 • COMMUNITY \$125

Join us for a six-week program specially designed for people living with intellectual disabilities. This program will focus on physical activity, socialization and mindfulness.

Visit <https://mvymca.org/program/inclusion/> to register.

mvymca.org

For questions or for more information about this program, please contact:

Kelley at kohara@mvymca.org

