



# STRONGER TOGETHER

AT THE ANDOVER/NORTH ANDOVER YMCA

WEDNESDAYS

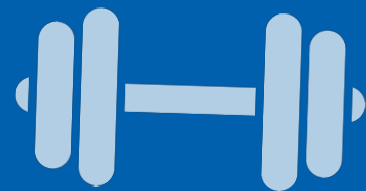
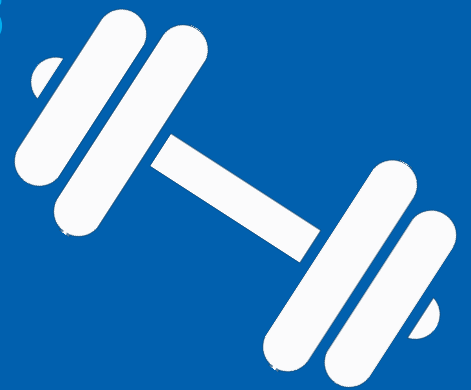
APRIL 12TH- MAY 17TH

AGES 16+ • 5-6 PM

MEMBERS \$75 • COMMUNITY \$125

Join us for a six-week program specially designed for people living with physical and intellectual disabilities. This program will focus on physical activity, socialization and mindfulness.

Visit <https://mvymca.org/program/inclusion/> to register.



[mvymca.org](https://mvymca.org)

For questions or for more information about this program, please contact:

Kelley at [kohara@mvymca.org](mailto:kohara@mvymca.org)