



BE PREPARED TO SAVE A LIFE



CPR + AED Course

**for adult, child and infant
at the Andover/North Andover YMCA**

FOR AGES 15+

This training will provide a certification in CPR and AED for adults, children and infants. The course will cover topics including: how to protect yourself, rescue breathing, choking and how to use and AED. There will be a test to achieve certification. Certification will be valid for the lay level responder for two years. This is an American Health and Safety Institute Course.

Date: Sunday February 26th

Time: 12-4p

Cost: Members \$75 • Community \$105

To register visit: <https://mvymca.org/program/cpr-aed-first-aid/>

For more information on classes contact Kelley O'Hara at kohara@mvymca.org.

mvymca.org