



For a better us.

WELCOMING WEEK

is a chance for neighbors—
both immigrants and U.S.-born
residents—to get to know one
another and celebrate what
unites us as a community.

JOIN US!



MERRIMACK VALLEY YMCA
101 Amesbury Street, 4th Floor
Lawrence, MA 01840
1978-725-6681
www.mvymca.org

Andover/North Andover YMCA
165 Haverhill Street
Andover, MA 01810
Phone: 978-685-0126

Lawrence YMCA
40 Lawrence Street
Lawrence, MA 01840
Phone: 978-686-6191

Methuen YMCA
129 Haverhill Street
Methuen, MA 01844
Phone: 978-687-1089

Camping Services
101 Amesbury Street
Lawrence, MA 01840
Phone: 978-975-1330

MERRIMACK VALLEY YMCA WELCOMING WEEK CALENDAR OF EVENTS



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



THE UNITED
STATE OF
US

Welcoming Week September 14-23

ANDOVER/NORTH ANDOVER

SATURDAY, SEPT 15TH **Community Picnic & Family Relay**
12:00-3:00pm
Outdoor Basketball Court Area

MONDAY SEPT 17TH **Diversity, Inclusion and Global Innovation (DIG) Booth**
All Day
Lobby

TUESDAY SEPT 18TH **Afternoon Family Craft Station**
3:00-7:00pm
Family Zone Area

WEDNESDAY SEPT 19TH **Wellness Checks**
9:00am-12:00pm
Lobby

FRIDAY SEPT 21ST **Parent's Night Out - Movie under the stars**
7:30-9:30pm
Childcare Parking Area

SATURDAY SEPT 22ND **Family Paint Night**
4:00-6:00pm
Childwatch 2

LAWRENCE

SATURDAY SEPT 15TH **Swim Lesson Demo** (15-minute classes for children ages 3-12)
11:00am-1:00pm
Pool

SUNDAY SEPT 16TH **Family Swim**
12:00-2:00pm
Pool

MONDAY SEPT 17TH **Music Monday**
3:00-7:00pm
Music Rooms

TUESDAY SEPT 18TH **Dinner - Serving Middle Eastern Food**
5:00-7:00pm
Intergenerational Room

TUESDAY SEPT 18TH **Zumba for ALL**
6:00-7:00pm
Studio

WEDNESDAY SEPT 19TH **Individual Nutritional Counseling**
3:00-6:00pm
Intergenerational Room

WEDNESDAY SEPT 19TH **Dinner - Serving Caribbean Food**
5:00-7:00pm
Intergenerational Room

WEDNESDAY SEPT 19TH **Water Safety - Information & practice water safety procedures**
4:30-6:30pm
Pool

THURSDAY SEPT 20TH **Dinner - Serving South American Food**
5:00-7:00pm
Intergenerational Room

THURSDAY SEPT 20TH **Family Yoga**
6:00-7:00pm
Studio

THURSDAY SEPT 20TH **Dinner - Serving Italian Food**
5:00-7:00pm
Intergenerational Room

LAWRENCE

FRIDAY SEPT 21ST **Family Movie Night**
6:00-8:00pm
Intergenerational Room

Sports in the Gym
6:00-7:30pm
Gym

Dinner - Serving All American Food
5:00-7:00pm
Intergenerational Room

METHUEN

MONDAY SEPT 17TH **Early Learning Readiness Open House** (Caregivers and children ages 0-5 are welcome to come learn about this free program)
9:15-11:15am
Classroom

TUESDAY SEPT 18TH **Game Night & Cookout**
5:30-7:00pm
Outdoor Fields, Art Room, Game Room (Gym, in case of rain)

WEDNESDAY SEPT 19TH **Community Resource Fair**
3:30-5:30pm
Art Room

THURSDAY SEPT 20TH **International Family Night**
6:00-7:30pm
Gym, Art Room, Classrooms

