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ANDOVER/NORTH ANDOVER

YMCA to host Healthy Kids Day May 22

By **Brenda J. Buote** GLOBE CORRESPONDENT MAY 13, 2016

The Merrimack Valley YMCA is scheduled to hold a free community event at the Andover/North Andover YMCA from 11 a.m. to 2 p.m. Saturday, May 22, to inspire more kids keep their minds and bodies active.

Healthy Kids Day is the Y's national initiative to improve health and well-being for kids and families, and features activities such as games, family zumba, arts and crafts, interactive water safety, and Bouncy House play.

Children also will learn about healthy eating and have the chance to see a fire truck, ambulance, police cruiser, and police motorcycle.

YMCA's Healthy Kids Day takes place at the Andover/North Andover YMCA, 165 Haverhill St. in Andover. For more information, call 978-685- 3541 or e-mail llerit@mvymca.org. Headquartered in Lawrence, the Merrimack Valley YMCA includes the Andover/North Andover YMCA, the Lawrence YMCA, the Methuen YMCA, and several camp programs.

Brenda J. Buote can be reached at brenda.buote@gmail.com.