



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# THANK YOU FOR GOING THE EXTRA MILE

## ANDOVER EMPLOYEE OF THE MONTH

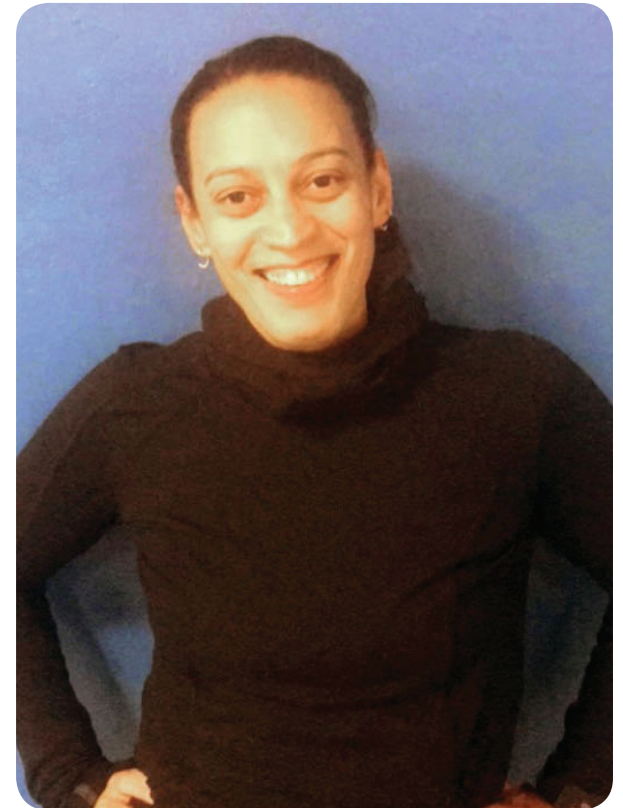
### CINDY REBINSKAS

When we think of Cindy, two things come to mind: **DRIVEN** and **DEDICATED**.

She is a superstar instructor who is active in all areas of the Wellness Department. During her time at the Y, she has achieved more than 15 different certifications and teaches many different class formats. In everything she does, Cindy brings professionalism, expertise and positive energy. She embraces new class ideas and is the first to train for and teach them, including creating her own class called Dance Fitness, which has become the most popular evening class. She is truly committed to the wellness department and always willing to cover classes, training groups and shifts when she can.

Her dedication to her personal and professional development is evident in the total personal transformation she has made since committing to her own health and wellness a few years ago. During her journey, she has been an inspiration and a source of motivation for both members and fellow staff.

Finally, Cindy is the absolute definition of member engagement. In each class that she teaches she has created a supportive community of members who rely on her to keep them motivated and engaged in our Y programs. In all areas Cindy lives and demonstrates what the mission of the Y is. We are proud to have her on our team and cannot think of anyone more deserving of this award than Cindy.



**CINDY REBINSKAS**  
Wellness Department